



# The Path Out of Phobia-ville

Winning Through Losing Control

4 of 5

March 9, 2008

Pastor Anthony Smith

*Mark 4:35-41 (NLT)*

"As evening came, Jesus said to his disciples, 'Let's cross to the other side of the lake.' So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water. Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, 'Teacher, don't you care that we're going to drown?' When Jesus woke up, he rebuked the wind and said to the water, 'Silence! Be still!' Suddenly the wind stopped, and there was a great calm. Then he asked them, 'Why are you afraid? Do you still have no faith?' The disciples were absolutely terrified. 'Who is this man?' they asked each other. 'Even the wind and waves obey him!'"

When life is out of control we either...

1) \_\_\_\_\_ to regain control.

or

2) \_\_\_\_\_ to fear.

or

3) \_\_\_\_\_ God.

Trusting God means...

➤ \_\_\_\_\_ in God's ability to control  
\_\_\_\_\_.

*Mark 4:39 (NLT)*

"When Jesus woke up, he rebuked the wind and said to the water, 'Silence! Be still!' Suddenly the wind stopped, and there was a great calm."

*Psalms 121:3 (NIV)*

"He will not let your foot slip—he who watches over you will not slumber;"

➤ \_\_\_\_\_ out of the \_\_\_\_\_  
\_\_\_\_\_.

*Mark 4:40 (NLT)*

"...Do you still have no faith?"

*Proverbs 3:5 (NLT)*

"Trust in the LORD with all your heart; do not depend on your own understanding."

➤ \_\_\_\_\_ amazed by God's \_\_\_\_\_.

*Mark 4:41 (NLT)*

"The disciples were absolutely terrified. 'Who is this man?' they asked each other. 'Even the wind and waves obey him!'"

*Job 42:2 (NLT)*

"I know that you can do anything, and no one can stop you."

All of Pastor Anthony's messages are available on audiotape through Wally's Place Bookstore or you can listen online at [www.wbcc.net](http://www.wbcc.net).