



The Path Out of Phobia-ville

Exorcizing the Ghost of a Guilty Past

1 of 5

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Psalm 32:3-4 (TLB)

"...I wouldn't admit what a sinner I was. But my dishonesty made me miserable and filled my days with frustration...My strength evaporated like water on a sunny day"

Wrong responses to guilt:

_____ it.

Proverbs 28:13 (ICB)

"If you hide your sins, you will not succeed. If you confess and reject them, you will receive mercy."

_____ others.

Proverbs 19:3 (ICB)

"A person's own foolishness ruins his life. But in his mind he blames the Lord for it."

_____ ourselves.

Psalm 38:4, 6 (NIV)

"My guilt has overwhelmed me like a burden too heavy to bear. I am bowed down and brought very low; all day long I go about mourning."

Getting Rid of the Guilt:

➤ _____ God's forgiveness.

1 John 1:9 (NIV)

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

➤ _____ the way you think.

Romans 6:14 (TMNT)

"Sin can't tell you how to live. After all, you're not living under that old tyranny any longer. You're living in the freedom of God."

➤ _____ God's freedom.

Romans 8:9-11 (ICB)

"But you are not ruled by your sinful selves. You are ruled by the Spirit, if that Spirit of God really lives in you...But if Christ is in you, then the Spirit gives you life, because Christ made you right with God. God raised Jesus from death. And if God's Spirit is living in you...He will give life through his Spirit that lives in you."

All of Pastor Anthony's messages are available on audiotape through Wally's Place Bookstore or you can listen online at www.wbcc.net.